

Present

Past

Future

Short term

0 - 3 years

Medium term

3 - 10 years

Long term

10 - 30 years

Future state

Kia Whakatōmuri te haere whakamua

I walk backwards into the future with my eyes fixed on my past

Ko te pae tawhiti whāia kia tata, ko te pae tata whakamaua kia tīna

Seek out distant horizons and cherish those you attain